

| Day               | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|-------------------|---|---|---|--|---|
| Morning Snack     | Cinnamon Roll<br>                            | Egg and Cucumber Wrap<br>                        | Red Velvet Mu_n<br>            | Steamed Twisted Roll<br>  | Chocolate Mu_n<br>                           |
| Salad & Fruit Bar | 6 Salad & 3 Fruit Bar   | 6 Salad & 3 Fruit Bar   | 6 Salad & 3 Fruit Bar   | 6 Salad & 3 Fruit Bar  | 6 Salad & 3 Fruit Bar   |
| Western           | Chicken Francaise,<br>Lemon Butter Sauce<br> | Sauteed Pork with<br>Turmeric Mushroom Sauce<br> | Beef Lasagna<br>               | Polpette, Meatball<br>in Rich Tomato Sauce<br>                  | Salmon and<br>Spinach Puff<br>               |
| Side Vegetable    | Ratatouille   | Broccoli with<br>Fried Egg White Sauce<br>       | Boiled Choy Sum<br>            | Vichy Carrot<br>  | Cauli'o wer Gratin<br>                       |
| Side Dish         | Sweet Potato Wedges   | French Fries  | Gratin Dauphinoise<br>        | Potato Galette<br>   | Mashed Potato<br>                           |
| Asian             | Fish Fillet Miso Sauce<br>                 | Soy Chicken Steak<br>                          | Sweet and Sour Pork<br>      | Fried Chicken with<br>Diced Vegetables<br>and String Bean<br> | Rice Noodles with<br>Beef & Beef Broth<br> |
| Rice              | Steamed Pearl Rice  | Steamed Jasmine Rice  | Steamed Jasmine Rice  | Steamed Jasmine Rice   | Steamed Jasmine Rice  |
| Vegetarian Dish   | Soybean Nugget<br>                         | Spaghetti Napolitana<br>                       | Tomato and Kale Frittata<br> | Vegetable Lasagna<br>   | Mac & Cheese<br>                           |
| Soup              | Pumpkin Chantilly<br>                      | Minestrone Milanese<br>                        | Cream of Sweet Corn<br>      | Vegetable Chicken Soup<br>                                    | Tomato Tortilla Soup<br>                   |
| Afternoon Snack   | Brown Sugar Sponge<br>                     | Banana Bread<br>                               | Vegetable Spring Roll<br>    | Chocolate Mu_n<br>  | Turkey Wrap<br>                            |



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| Morning Snack     | Tomato & Egg Sandwich<br> | Brown Sugar Sponge<br>     | Steamed Red Bean Bun<br>     | Ham & Cheese Sandwich<br>                      | Chocolate Chip Cookies<br>        |
| Salad & Fruit Bar | 6 Salad & 3 Fruit Bar  | 6 Salad & 3 Fruit Bar   | 6 Salad & 3 Fruit Bar   | 6 Salad & 3 Fruit Bar   | 6 Salad & 3 Fruit Bar  |
| Western           | Chicken Piccata<br>       | Spaghetti Bolognaise<br>   | Pork Wiener Schnitzel<br>    | Beef Lasagne<br>                               | Seabass and Tomato Puff<br>       |
| Side Vegetable    | Sauteed Broccoli<br>      | Sauteed Spinach<br>        | Chinese Cabbage<br>          | Corns<br>                                      | Ratatouille<br>                     |
| Side Dish         | Peppermint Green Pea<br> | Potato Wedges<br>       | French Fries<br>          | Mashed Potato<br>                             | Gratin Potato<br>                |
| Asian             | BBQ Pork<br>            | Steamed Pork Galette<br> | Steamed Kencur Chicken<br> | Pork Cutlet with Tonkatsu Sauce<br>          | Singapore Stir-fried Noodle<br> |
| Rice              | Steamed Jasmine Rice   | Steamed Jasmine Rice  | Steamed Jasmine Rice  | Steamed Pearl Rice  | Steamed Jasmine Rice   |
| Vegetarian Dish   | Arancini<br>            | Vegetable Curry<br>      | Vegetable Lasagna<br>      | Baked Cauliflower & Broccoli with Cheese<br> | Mac & Cheese<br>                |
| Soup              | Vichyssoise<br>         | Cream of Carrot<br>      | Vegetable Chicken Soup<br> | Minestrone Milanese<br>                      | Cream of Mushroom<br>           |
| Afternoon Snack   | Sweet Potato Bun<br>    | Oat Meal Cookies<br>     | Chocolate Brownie<br>      | Dates Pudding<br>                            | Chocolate Muffin<br>            |



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| Morning Snack     | Turkey Wrap<br>                                     | Tuna Fish Sandwich<br>                              | Brown Sugar Sponge<br>     | Chicken Spring Roll<br>               | Tomato & Egg Sandwich<br>           |
| Salad & Fruit Bar | 6 Salad & 3 Fruit Bar  | 6 Salad & 3 Fruit Bar  | 6 Salad & 3 Fruit Bar   | 6 Salad & 3 Fruit Bar  | 6 Salad & 3 Fruit Bar  |
| Western           | Beef Lasagna<br>                                    | Roasted Pork Loin with Thyme Gravy<br>              | Fish & Chips<br>           | Sauteed Pork with Mushrooms Sauce<br> | Fish Kar~<br>                       |
| Side Vegetable    | Choy Sum   | Creamed Corn and Carrot<br>                         | Baby Chinese Cabbage<br>   | Sauteed Cauli°o wer  | Fried Jade Melon and Bell Pepper   |
| Side Dish         | Potato Galette<br>                                | Anna Potato<br>                                   | Mashed Potato<br>        | Sweet Potato Wedges  | French Fries   |
| Asian             | Egg Noodle in Bouillon with Dace Fish Spheres<br> | Steamed Chicken with Black Fungus and Daylily<br> | ToFu Stew<br>            | Murgh Makhani Butter Chicken<br>    | Braised Pork in Vinegar Sauce<br> |
| Rice              | Steamed Jasmine Rice   | Steamed Jasmine Rice   | Steamed Pearl Rice  | Steamed Basmati Rice   | Steamed Pearl Rice   |
| Vegetarian Dish   | Buddha's Delight<br>                              | Vegetable Lasagna<br>                             | Spaghetti Napolitana<br> | Mac & Cheese<br>                    | Soybean Nugget<br>                |
| Soup              | Green Pea Veloute<br>                             | Cream of Tomato<br>                               | Minestrone Milanese<br>  | Cream of Mushroom<br>               | Cream of Sweet Corn<br>           |
| Afternoon Snack   | Samosa<br>  | Dates Pudding<br>                                 | Vegetable Spring Roll   | DatesChocolate Mu_n Pudding<br>     | Tomato and Cucumber Crudities  |



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| Morning Snack     | Tuna Fish Sandwich<br>                               | Cinnamon Roll<br>                                 | Vegetable Spring Roll<br>          | Chocolate Muffin<br>                               | Raisin Swirl<br>         |
| Salad & Fruit Bar | 6 Salad & 3 Fruit Bar   | 6 Salad & 3 Fruit Bar  | 6 Salad & 3 Fruit Bar   | 6 Salad & 3 Fruit Bar   | 6 Salad & 3 Fruit Bar   |
| Western           | Pork Tagliata, Olive Salsa<br>                       | Beef Goulash<br>                                  | Spaghetti Carbonara<br>            | Chicken a La King<br>                              | Fish Fillet Meunière<br> |
| Side Vegetable    | Vichy Carrot<br>                                     | Braised Cabbage  | Jade Melon with Carrots   | Corn Casserole<br>                                 | Eggplant Parmigiana<br>  |
| Side Dish         | French Fries  | Roasted Potato with Rosemary   | Potato Wedges   | Gratin Potato<br>                                 | Mashed Potato<br>       |
| Asian             | Fried Minced Chicken with Lemongrass and Basil<br> | Steamed Pork Galette with Pickled Vegetable<br> | Murgh Makhani Butter Chicken<br> | Roasted Pork Collar, Thai Sweet Chilli Sauce<br> | Fish Fillet Miso<br>   |
| Rice              | Steamed Jasmine Rice  | Steamed Pearl Rice   | Steamed Basmati Rice  | Steamed Jasmine Rice  | Steamed Pearl Rice  |
| Vegetarian Dish   | Vegetable Fried Rice<br>                           | Baked Portobello Mushroom<br>                   | Vegetarian Fried Noodle<br>      | Vegetarian Spring Rolls with Avocado Dip  | Vegetables Tikka<br>   |
| Soup              | Carrot Soup   | Vegetable Chicken Soup   | Green Pea Veloute   | Pumpkin Chantilly   | Minestrone Milanese   |
| Afternoon Snack   | Oat Meal Cookies<br>                               | Portuguese Egg Tart<br>                         | Samosa<br>                       | Dates Pudding<br>                                | Red Velvet Muffin<br>  |



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